

Organic Herbal Parasite Cleanse

Made From The Finest Certified
Organic Herbs & Spices
eBook By
By Paul & Sarah Chambers
<https://organicherbalcoloncleanse.com/>



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Definition: Parasite

An organism that lives inside or on another organism. A parasite cannot survive independently of its host.



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Did you know it is estimated that **85%** of humans have parasites in their bodies. Every one of us are consistently **infected and re-infected** on a daily basis with parasites through our environment, food, water, air and earth. In addition parasites lay eggs (larvae) inside our body, **multiplying at an alarming rate**.

Every species of parasites behave differently inside your body. Some parasites live off the food you eat (sugar is a favourite parasite food), while others eat YOU! Parasites can attach themselves to the inside of body and suck out its nutrition. Some types of parasites can cause a deficiency of vitamin A, vitamin B12, and iron.



If that was not enough: Parasites secrete waste byproducts straight into the gut and bloodstream, which are capable of causing allergic and autoimmune reactions. As these waste products are toxic, the affect can be very unpleasant. They also have an affect on the immune system by weaken the bodies defences leaving you even more susceptible to illness and disease.

Parasite and worms can cause a wide range of chronic and degenerative health problems. Any long-term cure for almost every disease and chronic ailment must incorporate some form of serious parasite cleansing, along side other treatment. Parasites survive and reproduce in the body, often for long periods of time sometimes years!



The size of parasites ranges from 1 to 2 μm (micrometers) to 2 meters long, from tiny single-celled organisms to worms you can see. They can be present in food or in water. The lifecycle of a parasite vary depending on the species. Some parasites live off a permanent host, others go through a series of developmental phases using different hosts. The illnesses they can cause range from mild discomfort to chronic illness and possibly death.





Parasites: Health Symptoms

- Teeth grinding
- Constant fatigue
- Abdominal pain
- Nausea or vomiting
- Gas or bloating
- Loose stools containing blood and mucus
- Rash or itching around the rectum or vulva
- Stomach pain or tenderness
- Irritable bowel
- Joint and muscle aches and pains
- Anemia
- Developed allergic-like reactions
- Skin conditions
- Restlessness & anxiety
- Nervousness
- Sleep disturbances
- Feeling tired
- Weight loss

Many health practitioners believe that parasites are responsible for a number of other health problems. These include environmental illness such as: Hypoglycemia, Crohn's disease, long-standing obesity, depression, upper respiratory tract ailments, and endometriosis.



Parasites cause these effects because of what they do in your body

- Destroy cells faster than cells can be regenerated.
- Produce toxic substances and allergic reactions.
- Irritate and invade body tissue, including the skin and intestinal lining.
- Put pressure on body organs and cause organ obstructions.
- Depress immune system function while activating immune system response.
- Result in malabsorption of nutrients.

It is highly recommended that you choose to do a parasite cleanse twice a year.



The most common parasites are:



Protozoan are organisms that live in the blood, tissues intestines. They are usually very small, generally microscopic, capable of infecting every tissue in the body. Malaria is the most common protozoan disease. Their vectors (or carriers) are generally contaminated waters and insects (e.g. mosquitoes). Although exceptionally small, these parasites may remain active in the human body for an entire life time, causing multiple complications and revisitations, such as in malaria fever.



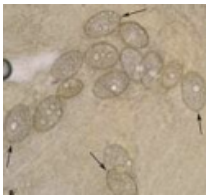
Flukes (Trematodes) or flatworms, are likely the most common form of parasite found in humans worldwide, including Europe and North America. They're generally flat and oval in shape. One particular type of common Fluke, *Fasciolopsis buski*, is 1 mm to 70 mm/3.5 inches in length. These commonly infect everyone's intestines and other tissues including the heart, lungs, liver and kidneys. All Flukes are difficult to get rid of once infected, accumulating over a period of 10 to 20 years.



Roundworms (Nematodes) include the families of hookworm, pinworm, whipworm, threadworm, etc. These can range from 1 mm to many centimetres/inches. Commonly found in the intestines, and often contracted through the skin, they, like other parasites may migrate throughout the body and present multiple symptoms of disease.



Tapeworms (Cestodes) are generally the largest of the parasites. They are surprisingly motile and will change their location daily within the host's body. These segmented worms, containing 50,000 eggs within each of its 3,000-4,000 segments, can release up to one million eggs per day! Some tapeworms may live as long as 25 years and can quickly reach upwards to 10 meters/33 feet in length within the gastrointestinal tract. However, their larvae can be found in almost any organ, being capable of infecting other tissues in varying stages of its development. Again, parasites have survival skills which are beyond the capabilities of our Immune System, and that's why they can generally live for years in a human body.



Tapeworm Larvae: A larvae or "sparganum" of the tapeworm *Sparganosis mansoni* after it was surgically removed from a subcutaneous mass. These adult tapeworms can reach lengths of 100 cm or 40 inches. After penetrating the mucosa lining of the small intestine, they migrate systemically throughout the body, invading a variety of tissues and organs, and living for years.

Ascariasis is a human disease caused by the parasitic roundworm *Ascaris lumbricoides*. Perhaps as many as one quarter of the world's people are infected, with rates of 45% in Latin America and 95% in parts of Africa.

Further Information

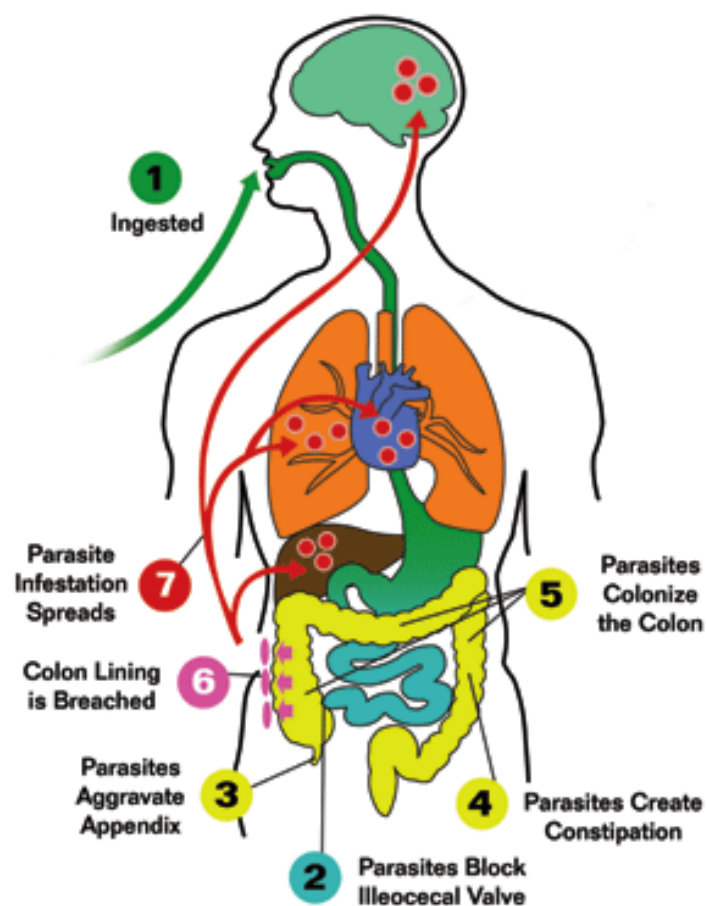


Parasite Life Cycle



When parasites enter the body through ingesting often your appetite changes, you may experience stomach and abdominal discomfort such as bloating, (especially after eating), cramping and changes in your stools.

Parasites travel around your blood stream and find a suitable home to develop. They usually stay in one place in your body. They eat your cells, or drain the best of the nutrients you are eating directly from your tissues.



Some parasites stay in the intestinal tract, others travel around your body, passing through organs, often causing chaos along the way. Parasites get into your joints and eat the calcium linings of your bones, resulting in arthritic tendencies. They can also eat the protein coating on your nerves, this causes a disruption in the nerve signals from the brain.



It is generally believe that parasitic infections only effect people in undeveloped countries. That is not true. Everyone can pick up parasites. Good hygiene is no guarantee against infection.



How many parasites can be in the human body?

Helminths (worms) species reported from human hosts by Taxonomic Group:



- [Acanthocephala](#) 7 species
- [Nematoda](#) 138 species
- [Nematomorpha](#) 24 species
- [Platyhelminthes](#) 173 species
- [Digenea](#) 113 species
- [Cestoda](#) 57 species
- [Turbellaria](#) 3 species

Source: Source: **Journal of Parasitology 85:379-403**

Dr. D.W.T. Crompton (Crompton, D.W.T. [1999].

When you are traveling it is important to drink water you know is safe. Prevention is important. There are no vaccines for parasitic diseases.





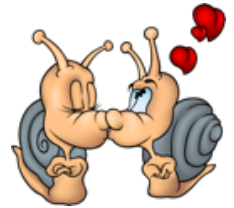
You can pick up parasites from the sources listed below:

- Sexual Contact
- Traveling Abroad
- Increasing use of day-care centres
- Contamination of municipal and rural water supplies
- Use of antibiotics and immunosuppressive drugs
- Exotic regional foods
- Pets
- Under cooked meat
- Soil
- Unwashed vegetables



Parasites enter your body in one of four ways:

1. Through the nose and skin.
2. Through a transmitting agent, such as a mosquito.
3. Through food and water intake.
4. Through sexual conduct



Prevention

- Always wash your hands:
- Before eating, going to the loo, changing nappies, or playing with your pets
- Wash all fruits and vegetables really well before you eat them.
- Keep your fingernails short and clean, especially if you are a gardener
- Do not walk barefoot
- Do a parasite cleanse twice a year



What kinds of tests are used to diagnose parasitic diseases?

Some commonly used tests.

1. **A fecal (stool) exam, also called an ova and parasite test (O&P)** This test is used to find parasites that cause diarrhea, loose or watery stools, cramping, flatulence (gas) and other abdominal illness. CDC recommends that three or more stool samples, collected on separate days, be examined. This test looks for ova (eggs) or the parasite.
Your health care provider may instruct you to put your stool specimens into special containers with preservative fluid. Specimens not collected in a preservative fluid should be refrigerated, but not frozen, until delivered to the lab or the health care provider's office. Your health care provider may request that the lab use special stains or that special tests be performed to look for parasites not routinely screened for.
2. **Endoscopy/Colonoscopy** Endoscopy is used to find parasites that cause diarrhea, loose or watery stools, cramping, flatulence (gas) and other abdominal illness.
This test is used when stool exams do not reveal the cause of your diarrhea.
This test is a procedure in which a tube is inserted into the mouth (endoscopy) or rectum (colonoscopy) so that the doctor, usually a gastroenterologist, can examine the intestine.
This test looks for the parasite or other issues that may be causing your signs and symptoms.
3. **Blood tests** Some, but not all, parasitic infections can be detected by testing your blood. Blood tests look for a specific parasite infection; there is no blood test that will look for all parasitic infections. There are two general kinds of blood tests that your doctor may order:
 - a. **Serology** This test is used to look for antibodies or for parasite antigens produced when the body is infected with a parasite and the immune system is trying to fight off the invader.
This test is done by your health care provider taking a blood sample and sending it to a lab.
 - b. **Blood smear** This test is used to look for parasites that are found in the blood. By looking at a blood smear under a microscope, parasitic diseases such as filariasis, malaria, or babesiosis, can be diagnosed.
This test is done by placing a drop of blood on a microscope slide. The slide is then stained and examined under a microscope.
4. **X-ray, Magnetic Resonance Imaging (MRI) scan, Computerized Axial Tomography scan (CAT)** These tests are used to look for some parasitic diseases that may cause lesions in the organs.

[Centers of disease control and prevention](#)

[Parasite Glossary](#)

[Information for Women](#)



The Organic Herbs Used In Our Parasite Cleanse Cleansing



Black Walnut (*Juglans nigra*) is made by harvesting the green hulls which surround the nut of the black walnut tree. These green hulls are stripped from the nuts and cleaned. Then they are broken down into smaller parts and dried. Black walnut hull extract has been used for centuries to help control and eliminate parasites from the body.

Black Walnut Hull is known to help to balance sugar levels. When Black Walnut is used as an extract it is great for poison oak, ringworm and skin problems of all kinds, especially acne. The brown stain that is seen in the green husk of a Black Walnut contains an organic iodine that has antiseptic properties for healing. Black Walnut has large amounts of vitamin B5 It also contains the minerals magnesium manganese, silica, calcium, phosphorus, potassium and iron. Black Walnut also contains protein.

Side Effects: People who have existing liver or kidney conditions should be careful with Black Walnut as it may irritate these organs. Pregnant or breastfeeding women should also avoid taking it. Long term use should be avoided by those with gastrointestinal conditions other than Candida.

Black Walnut Hull is used for abscesses, acne, and as an antiperspirant. Black Walnut has also been used as an antiseptic, used for skin conditions such as boils, carbuncles and eczema. Black Walnut helps to stop lactation, used for internal parasites, skin rashes, ringworm and intestinal worms and parasites.

Oxygenates the blood to kill parasites. The brown stain found in the green husk contains organic iodine which has antiseptic and healing properties. It is also used to balance sugar levels and burn up excessive toxins and fatty materials.



Black Walnut Powder



Dried Black Walnut Hull



Wormwood (*Artemisia absinthium*) is a bitter herb known, it used to be in much request by brewers for use instead of hops. This bitterness is one of the key reasons for its success. (This bitter taste is not noticed as the herb is taken in a capsule).

It has been used throughout history to destroy or expel intestinal worms. It is also valued especially for its tonic effect on the liver, gallbladder and digestive system.

Wormwood increases stomach acid naturally, improving digestion and the absorption of nutrients. It also eases wind and bloating. Do not take wormwood for prolonged periods.

Wormwood has been shown to help increase bile production in the body and more than one theory suggests that it is this increased bile production.

Wormwood only kills harmful parasites

Normal healthy bacteria are called Intestinal Flora. These good bacteria help to digest food and eliminate waste. Many modern processed foods; drugs, chlorinated water and chemicals can kill off many of these good bacteria. Most parasites thrive when normal intestinal flora is absent.

Maintain a healthy diet

Whilst on a parasite cleanse, the more healthy your diet the better. In truth the same applies after as well. Try to eat a diet with lots of fresh vegetables, particularly greens, carrots and other root vegetables. Remember to wash them thoroughly.

Wormwood has been used for hundreds of years as a natural treatment against parasites.

Use of wormwood is strictly inadvisable if trying to conceive and during pregnancy, as well as lactation periods for it may cause severe harm to the body. Do not take wormwood with hot liquids.

Woodworm Powder



Dried Woodworm



Clove (Cloves, caryophyllus) have been used for centuries to help control parasitic and worm infections. It is usually used in conjunction with Wormwood and Black Walnut Hull extract to form a complete anti parasite remedy.

The clove we use is organic and is freshly ground into a powder. This ensures that the strength of the clove is at its maximum.

Cloves contain Vitamins A, C and B-complex. Cloves also contain the minerals potassium, calcium, phosphorus, magnesium and sodium. It is also one of the most powerful germicidal agents among herbs.

Cloves have been used to alleviate vomiting during pregnancy but always check with your physician first. Cloves will increase blood circulation, thereby improving nutrition and digestion. Oil from cloves has been used to rub on the gums to relieve toothaches. Cloves are often used for bad breath. Cloves are high in vitamins, minerals and fiber. However, the component responsible for clove's powerful effects and odor is a substance called eugenol. Eugenol is toxic against harmful organisms, including fungus.

SIDE EFFECTS: None for ground clove ingestion at the time this was written.



Clove Powder



Dried Cloves

Getting Rid Of Parasites

Why do a Parasite Cleanse?

Parasite infestation occurs in every part of the body. Parasites mimic other health disorders. Parasites take the good nutrients you eat; leaving toxic waste, this waste matter can have serious effects on your body, and your health. Are you suffering from symptoms that doctors can't seem to work out? Do they include any of the following; if so you may like to get rid of parasites with the best natural parasite cleanse possible?

Symptoms associated with possible parasite infestation

- Aches in your muscles and joints
- Anxiety
- Bad tastes in your mouth
- Bad Breath
- Bloating
- Constipation
- Confused thinking
- Diarrhoea or pasty stools
- Food Cravings
- Fever
- Fatigue/tiredness
- Gastrointestinal Gas
- Headaches/migraines
- Leaky Gut
- Teeth grinding
- Ridges on fingernails
- Allergies
- Sugar cravings

Skin parasites create itching causing the skin to inflame, which has the effect of skin rashes. Skin parasites, like internal parasites, leave toxins under the surface of your skin, causing all sorts of undiagnosed symptoms, examples:

- | | |
|--------------------|---|
| • Dry flaking skin | • Itchy bum |
| • Dry hair | • Reactions to different foods |
| • Hair falling out | • The feeling of insects crawling on skin |
| • Itchy nose | |

These make up just the beginning of the list of symptoms that can be caused by parasites and worms in humans. Parasites wreak utter havoc in our bodies. And conventional doctors don't always do a very good job of identifying parasites as the root cause of symptoms. Even after you've had multitudes of tests it can still be difficult to be given a satisfying diagnosis, let alone an effective cure. There are various tests that can be done for the presence of some parasites, but testing is not always accurate because of the different levels of their life cycle.

This is where the herbal parasite cleanse comes in. You will be surprised at how quickly nasty symptoms; even those you've had for years can disappear once you've done a good parasite cleanse. Getting rid of unwanted parasites and intestinal worms from your system is a great way to start. What are your chances of being infected with parasites? Let's start with an important question:

How likely are your health problems being caused by parasites?

It's not easy to determine exact statistics. However, we do know that parasites are found everywhere and they can enter your body through insect bites, spending time around children that have been infected, eating raw meat, petting your dog, gardening, and even kissing. Parasites and worms in humans are incredibly common, so if you think you have them you are not on your own and help is here!

In addition, all they need to stay alive is the food and drinks you consume, they love sugar and alcohol so, by simply eating, you're keeping those little lodgers thriving, without even realising it. While parasites are living inside their host they release nasty toxins into your body, parasite also poo, oh yuck...

Herbal parasite cleansing - what is involved?

Our Organic herbal parasite cleanse involves taking three different herbal capsules over the period of 16 days, which is the total life cycle of parasites from egg to adult. It is important to kill them at each stage. Dietary changes are a choice, but if you can eat foods that parasites don't like. See more in our diet detox tips free ebook.

Foods To Include When Doing Our Parasite Cleanse

- Garlic
- Brown Onions
- Organic Vegetables.
- Organic Raw Coconut oil pour into ice cube tray and put in freezer, eat one or two a day
- Organic Apple Cider Vinegar 2 tsp in a glass of water
- Seeds and Nuts
- Pumpkin seeds are really good. Suggest you ground them up and sprinkle on your food
- Fennel seed tea

- Spices including cayenne, chilies, fresh horseradish grated, turmeric, cinnamon, nutmeg, cardamom (make a veggie curry)
- Vegetables rich in anti-oxidants like cucumbers, tomatoes, carrots, sweet potatoes and blueberries help feed the body organs and glands infected with parasites.
- Fermented foods see
- Take a broad spectrum probiotic after your cleanse to replenish healthy bacteria.

All these food help your body to create the environment that causes parasites to move out.

Foods To Avoid While Parasite cleansing

- Foods to avoid
- Refined carbohydrates
- White bread
- Sugar
- Meat
- Dairy products (cut right down)
- All Fruit

For more tips about diet whilst parasite cleansing download the 2nd eBook Tips, Symptom and Diet from our website. <https://organicherbalcoloncleanse.com>

What are the health benefits and results of doing a parasite cleanse?

Get ready for some big, positive surprises. Getting rid of parasites and worms after living with exhausting symptoms for decades can be a massive relief and an even bigger energy boost. If you're one of those unlucky individuals to have been labeled with the diagnosed of IBS (irritable bowel syndrome), you might be pleased to discover that, even though the doctors say there's no cure, doing a herbal parasite cleanse can actually be an extremely helpful start on the road to your recovery.

You can gain more health benefits by following your parasite cleanse with an organic herbal colon cleanse and clear out **your whole** digestive system as well. If you have been suffering from imbalances in your mental state, emotions, mood, or have chronic fatigue, a parasite cleanse may be the answer to restoring your body's **balance**. **As well as helping to clear** up particular symptoms, doing a parasite cleanse can also help more generally. Try our 16 day parasite cleanse the results could have you feeling much improved, free up your energy and provide you with greater focus and clarity.

Our herbal parasite cleanse is made up individually from fresh ground organic herbs, your cleanse is made up when ordered. We use only the best quality fresh ground certified herbs and spices, and they smell wonderful. Help yourself to better health; it can't get any better than that.

Will my health return to normal?

Once the entire parasites infestation haven been killed off and eliminated from the body, it is so important to restore and support your body to optimal health.

To be balanced in gut health we need a diverse range of healthy flora in our guts. After doing a parasite cleanse If we create the perfect environment for them, they will reward us with good health. So once we've done our internal spring clean, we need to replenish by consuming probiotic rich foods such as coconut yoghurt and avoiding refined sugar and carbohydrates in our diet. Once our flora is diverse and flourishing, health will be restored. Any time of year is a good time to refresh your gut, Happy cleaning!

More Diet Tips

- 1) Cut out all sugars so parasites have nothing to feed on (NO fruit while on the cleanse). Eat leafy greens, soaked / germinated seeds and nuts, raw chocolate (that has no sugar), organic nut butters, lots of vegetables, green vegetable juice, cacao superfood smoothies, raw sauerkraut, home-made healthy spreads, and coconut kefir. Lots of organic raw coconut oil.
- 2) Eat aged garlic extract to knock the parasites, yeast, and 'bad guys' out; garlic is nature's antibiotic.
- 3) Drink lots of filtered water and tonic herbal teas (Planet Earth) all day long.

We also recommend doing a few colonics over the 16 days it takes to do our parasite cleanse. If you do not have regular bowel movements do a colon cleanse first to clear out your bowel, especially if you have a slow transit bowel (lazy bowel). The reason being if you are not flushing out toxins they will simply recycle back into your system.

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To Conclude

We hope that this e-book has given you a good idea about parasites and how important it is for your health and well being to maintain a parasite free body! We have been making up this parasite cleanse for the last 20 years. Everyone has benefitted from doing our cleanses and our valued customers come back time after time. Please read our reviews for this cleanses and parasites cleanses on our website. If you have any questions, we are happy to hear from you. We are always interested in hearing peoples experiences. If you wish to add to reviews, we would be delighted. We hope you enjoy your detox experience. We wish you health, wealth and happiness in all things.

Light Abound,

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Paul Chambers

Please Note

Statements and information regarding these herbs are not intended to diagnose, treat, cure or prevent any disease or health condition. The contents of this page should not be used as a substitute for seeking independent professional advice. All the information here can be found in abundance on the internet. All herbs are organic and meet the Australian standards. If you have any questions please email us through our contact from via the website. Incorrect self-diagnosis can be harmful to your health. Should you have symptoms that persist, consult your GP or healthcare professional. It is the responsibility of the user to follow the dosage instruction.

Suitability - Warning: Do not use this parasite cleanse during pregnancy. Not to be used while nursing. Not for long-term use; do not exceed recommended dose.

This e-book goes with the parasite cleanse, which you can purchase from

[Our website](#)

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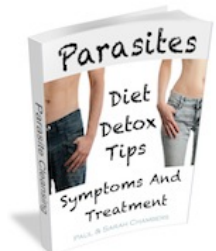
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By ordering these herbs you give your consent for us to encapsulate them on your behalf.

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Informational links

https://www.fsis.usda.gov/factsheets/parasites_and_foodborne_illness/index.asp



Organic Herbal Parasite Cleanse & Colon Cleanses

